Guidance Program Schedule

August

*Learning Skills:* Being attentive and learning how to focus helps students succeed academically, work well with others, and make friends.

September

*Empathy/Feeling Recognition:* Understanding one’s own feelings allows for better communication among students. The skill of empathy is also paramount to positive communication and improved peer relationships.

October

*Too Good For Drugs:* Developing an awareness of the benefits of staying safe, healthy and drug free helps students make good choices now and in the future as well as cultivate a personal responsibility for themselves. (Red Ribbon Week)

November

*Bullying:* Students are taught to Recognize, Refuse, and Report bullying behavior. It is the responsibility of all students to identify bullying and refuse to allow that kind of behavior. (Random Acts of Kindness Week)

December

*Finish Bullying Unit and Creative Writing Assignment:* Through an initiative from our superintendent to promote cross-curricular writing, students will be given a writing assignment based on skill level.

January

*Emotion Management/Anger Management:* Students learn how to stay in control of their emotions and calm down in order to think clearly and avoid making poor choices.

February

*Career Unit:* Through developing an awareness of the world of work, students can consider a future career and relate the skills that they are currently learning to their field of interest.

March

*Test-Taking Skills:* Tests are a part of students’ lives, and being prepared for them can minimize stress and maximize confidence. We discuss the best practices for test taking.

April

*State Testing:* No guidance lessons