

OUR LOCAL GYMS REMAIN
COMMITTED TO PROTECTING OUR
CONGREGATIONS AND GUESTS DURING
THE COVID-19 PANDEMIC.

TO ENSURE EVERYONE'S SAFETY WE ASK THAT WE MAKE THE FOLLOWING PLEDGES TO EACH OTHER:

## **OUR PLEDGE TO YOU**

- All employees will pass a health check or complete a health survey prior to each shift.
- ♦ All machines and classes will comply with the appropriate social distancing guidelines.
- Hand sanitizer or hand washing stations will be available to all customers and employees.
- ♦ We will clean and sanitize common areas and surfaces regularly.
- We will clean and sanitize each machine area after every use.
- We will clearly post signage at our entrances and throughout the facility so everyone understands the steps we must all take to keep our communities safe.
- All employees will wear cloth face covering or masks while serving customers.

## WE ASK FOR YOUR PLEDGE

If you have been exposed to COVID-19 recently or have symptoms of COVID-19 including a fever, cough, or shortness of breath, please help us keep everyone safe by staying home.

- According to the CDC, older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. If you are among the more vulnerable population, we strongly recommend for you to use virtual workout options at home.
  - You agree to follow the social distancing and sanitary guidelines that have been put in place to protect you, our staff and other guests.
    - You pledge to sanitize your hands and each machine after use.
    - You pledge to bring your own clean towel and mat for personal use.

Signature	Gym Name	Date
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