Reach Higher Introductory Coach Training Agenda

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**Coaching 1.0 Training**

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| THEME | ACTIVITY | FORMAT | SCHEDULE |
| Workshop Introduction | Expectations, overview & college completion | Facilitator led discussion  Thought packet | 8:30 to 9:15 |
| Coaching Introduction | Academic Life Coaching: ION model  & live demo | Observation, debrief and PowerPoint | 9:15 to 10:15 |
| Break | Break | Break | 10:15 to 10:30 |
| Essential Coaching Skills | Beginning coach practice on skills | PowerPoint and group discussion | 10:30 to Noon |

**Lunch Break 12:00 to 12:30pm**

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| THEME | ACTIVITY | FORMAT | SCHEDULE |
| Morning Recap | Review and looking ahead to the afternoon | Facilitator led discussion | 12:30 to 12:45 |
| Coaching to Complete Model  8 Persistence Themes | Exploring critical retention topics, identifying powerful questions, and looking to the research | Teamwork and  group share | 12:45 to 1:45 |
| Break | Break | Break | 1:45 to 2:00 |
| Utilizing a Coaching Tool | Wheel of Life Activity | Coaching practice/debrief | 2:00 to 3:00 |
| Implementing Coaching | Reflection Exercise:  Coaching on  your campus | Thought packet | 3:00 to 3:30 |
| Wrap-Up | Moving Forward | Discussion | 3:30 to 4:00 |