Reach Higher Advanced Coach Training Agenda

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**Coaching 2.0 Training**

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| THEME | ACTIVITY | FORMAT | SCHEDULE |
| Welcome and Introduction | Coaching Ice Breaker | Facilitator led discussion | 8:30 to 8:45 |
| Overview and Day Agenda | Clarify expectations and learning outcomes | Observation, discussion and PowerPoint | 8:45 to 9:00 |
| Review of Coaching 1.0 | Review mindset approach, ION model and fundamental skills | Discussion and PowerPoint | 9:00 to 9:30 |
| Mind Map Reflection Exercise | Reflection and practice coaching | Guided prompt questions and partner support coaching | 9:30 to 10:30 |
| Break | Break | Break | 10:30 to 10:45 |
| ICF Competencies Introduction | Guided connection of ICF competencies to Coaching 1.0 | PowerPoint | 10:45 to 11:30 |

**Lunch Break 11:30 to 12:00 pm**

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| THEME | ACTIVITY | FORMAT | SCHEDULE |
| Morning Recap and Advancing Your Skills | Review and looking ahead to the afternoon | Facilitator led discussion | 12:00 to 12:30 |
| Setting the Foundation – Ethics and Alliance Building | Establishing a coaching agreement with  your student | Discussion and practice | 12:30 to 1:00 |
| Communicating Effectively – Direct Communication Methods | Art of coaching, inner critic, future-self | Discussion and practice | 1:00 to 1:30 |
| Facilitating Learning and Results – Creating Awareness | Developing student self-efficacy with a  growth mindset | Discussion and practice | 1:30 to 2:00 |
| Break | Break | Break | 2:00 to 2:15 |
| Group Coaching with  Student Scenarios | Student scenario role play for group coaching exercise | Table group coaching and debrief | 2:15 to 3:30 |
| Moving Forward  Wrap-up/Closure | Goal statements | Individual reflection discussion/debrief | 3:30 to 4:00 |