

# REACH HIGHER **COACH CONNECT**



OKLAHOMA STATE REGENTS  
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**UNIVERSITY**  
of  
**OKLAHOMA**

*Academic Life Coaching*

## 2-PART ADVANCED 2.0 COACH CONNECT WORKSHOP

This workshop is for those who attended the Introductory Coaching workshop. Participants will practice competencies gained from the introductory workshop and will learn additional skills beyond what was covered previously.

Oct. 26: Part I Interactive Workshop and Nov. 4: Part II Interactive Workshop

- 1) Workshop 2.0, Oct. 26, 11:30 a.m.-1:30 p.m.
- 2) Workshop 2.0, Nov. 4, 10 a.m.-noon

### PART I SUMMARY

The Coaching 2.0 virtual training offers an advanced learning opportunity for educators who are committed to incorporating the academic coaching concepts into their student support strategies. This webinar will begin with a review of the content offered in the 1.0 webinar and workshop series. Utilizing the Core Competency framework established by the International Coach Federation, the focus will address essential features that establish coaching as a distinctive educational practice. Upholding the student's agenda, discerning session content and recognizing areas of growth and development are critical proficiencies that strengthen the power of coaching.

### PART II SUMMARY

The Coaching 2.0 virtual workshop will build upon competencies learned from Part I and will provide a learning space for participants to apply the coaching competencies established by the International Coach Federation. This workshop will provide opportunities for participants to better direct coaching conversations and become comfortable navigating these critical questions: What is coaching and how does it differ from counseling and consulting? How does a coach address a fixed mindset or limited beliefs? What are some ways a coach can manage the conversation when the student did not complete their promised action steps? How does a coach encourage the student to see their successes? These questions and more will be addressed in this collaborative workshop allowing participants to further develop as coaches and gain confidence as they implement this effective student support strategy.

Registration: <https://www.surveymonkey.com/r/RHAdvCoachConnect21>